

Global Food & Friends

Calling all Migrants and Kiwis

Join us at our friendship group ...

- Learn about Kiwi culture
- Find out how local services can help you to settle in NZ
- Try foods from around the world and bring a small plate of finger food to share
- Wide range of speakers and activities
- Meet others, make new friends and have fun

Everyone welcome – bring your friends and family along

Date: **Wednesdays (every second Wed)**

15 August, 29 August, 12 September, 26 September, 10 October,
24 October, 7 November, 21 November, 5 December

Time: 10:30am – 12:30pm

Venue: Level 1, Hearts & Minds
(opposite Northcote Library)
65 Pearn Crescent, Northcote



**No need to book. For enquiries, please phone: (09) 441 8989
or email: info@heartsandminds.org.nz**

www.heartsandminds.org.nz or www.facebook.com/Heartsandmindsnz